

# **SPA MENU**

# Oil Massage

Please choose your favorite oil-blend to best enhance the healing benefits of your treatment.

### Relaxation (1)

This Blend contain Organic Coconut oil as carrier oil, mixed with Lemon grass essential oil known to help relieve stress, anxiety and depression. It also contains Jojoba oil which is perfect for relaxation, stiff joints, sore muscle while your body is deeply moisturized.

### Rejuvenation (2)

This Blend contain Organic Coconut oil as carrier oil, Fennel seeds essential oil, Frankincense essential oil and Citrus essential oil. It is packed with antioxidants, anti-inflammatory and antiaging properties.

#### Anti stress (3)

This Blend contain Organic Coconut oil as carrier oil, Jojoba essential oil and Orange essential oil, this combination is known for its uplifting and refreshing effects yet simultaneously relaxing, calming effect.

60 Minutes : 700.000-kip net 90 Minutes : 900.000-kip net 120 Minutes : 1.200.000-kip net

<sup>\*\*</sup>Avoid direct sunlight exposure after your Oil massage, our Blends contain citrus and Orange essential oils, it might make your skin sensitive to sunlight.

### Lao Massage

This oil-free Lao style massage is focused on a balanced blend of dynamic stretches and stimulation of pressure points to increase relaxation and joint flexibility.

45 Minutes : 400.000-kip net 60 Minutes : 480.000-kip net 90 Minutes : 640.000-kip net

# Head, Neck and Shoulder Massage

An oil-based treatment that concentrates on the most common tension areas to enhance blood circulation and release tensions.

45 Minutes : 400.000-kip net 60 Minutes : 480.000-kip net 90 Minutes : 640.000-kip net

# Leg & Foot Massage

This treatment concentrates on the feet and the muscles of the leg using rosemary and lavender oils to stimulate relaxation and healing.

45 Minutes : 400.000 net 60 Minutes : 480.000 net 90 Minutes : 640.000 net

#### **Essential Information**

To make a massage reservation, please contact your guest assistant by calling '0' or you may visit our reception desk. An advance booking of one hour is required for each treatment. Selected treatments are also available in your room. Our massage treatments are available from 10:00 to 21:00 every day. After-hour treatments are also available at an additional charge of \$ 15 per hour.

#### Cancellation

At least two hours' notice is required to cancel an appointment; there is a 50% charge for cancellations within two hours prior to the treatment. For cancellations within an hour prior to the treatment will incur full cost of the treatment.